

## How does microdermabrasion compare to other treatments?

Microdermabrasion gradually resurfaces your skin without the use of surgery, harsh chemical, or acids to remove superficial facial skin. Most of our patients experience very few side effects and appreciate the convenience of the fast procedure without downtime.

**NOTE:** Only a licensed doctor/nurse with the knowledge and skill required to achieve optimum results should administer Microdermabrasion treatment.

## Contact Us

### Opening Hours:

Mon to Thu, Sat 7.45am - 12.15pm  
1.30pm - 4.30pm

Fridays, Sundays & Public Holidays CLOSED

Parking available within RIPAS Hospital premises and shuttle bus available at the parking lot opposite Jame' Asr Hassanil Bolkiah Mosque

For general enquiries, please contact:

### Maxillofacial, Facial Plastic and Reconstructive Surgery Centre

Jalan Putera Al-Muhtadee Billah  
Bandar Seri Begawan, BA 1712  
Brunei Darussalam

T +673 224 1234

F +673 224 1137

E [mfprsc.enquiries@pjscbrunei.com](mailto:mfprsc.enquiries@pjscbrunei.com)

For appointments, please contact:

Hotline +673 897 1295

E [elisa.buok@pjscbrunei.com](mailto:elisa.buok@pjscbrunei.com)

### Pantai Jerudong Specialist Centre

Jerudong, BG3122, Brunei Darussalam

T +673 261 3333

E [enquiries@pjscbrunei.com](mailto:enquiries@pjscbrunei.com)

[www.pjscbrunei.com](http://www.pjscbrunei.com)



PANTAI JERUDONG  
SPECIALIST CENTRE



## Microdermabrasion

Maxillofacial, Facial Plastic and Reconstructive Surgery (MFPRSC)

Get new refreshed and more evenly textured skin to make you look young, healthy and vibrant.

## Microdermabrasion

Microdermabrasion results in firmer, more evenly textured new skin that has low risk with minimal recovery time. This procedure is performed with a special handpiece that sprays tiny crystals across your facial skin for gentle abrasion and polishing. The crystals remove lifeless, sun damaged, dead and flaking skin cells to uncover your silky new skin just below the surface. At the same time, this procedure will carefully polish, resurface, exfoliate and rejuvenate your skin to correct mild pigmentation and any imperfections. This also stimulates the production of fresh new skin cells and collagen for softer, more supple skin.

## What can microdermabrasion do for my skin?

- Exfoliate dull dry skin
- Resurface leathery, sun- damaged skin
- Polish away mild skin imperfections
- Re-texturize skin surface
- Increase circulation
- Smooth skin
- Improve mild acne scarring
- Erase skin age spots
- Stimulate production of new young skin cells and collagen
- Enhance absorption of skin care products

## What does microdermabrasion treatment feel like?

Because the procedure is noninvasive and does not wound your skin's surface, there is virtually no discomfort during or after microdermabrasion. You may feel a slight stinging sensation during treatment, however, topical anesthesia is not necessary. After treatment, your facial skin will be cleaned to remove any remaining crystals.

## How long does treatment take?

In general, microdermabrasion procedures would take between 30 to 60 minutes. It will take multiple treatments to remove your skin's imperfection. For the best result, it is recommended to undergo several treatments which are spaced between two to three weeks apart to allow your skin to recover.

## How soon will I see results?

After undergoing your microdermabrasion procedure, your skin will have a soft pink, healthy glow. The benefits increase as the treatment plan progresses until your skin has a sleek, even texture.

Below are some benefits of Microdermabrasion:

- Virtually painless
- Quick and simple procedure
- Noticeable results immediately
- Beautifies and evens skin imperfections
- Skin glows with healthy, fresh look
- Effective on all skin colors and types
- Nonsurgical effective treatment
- No anesthesia
- Few side effects
- Safe and effective
- No downtime for recovery

## What about aftercare?

Microdermabrasion treatment may cause your skin to become more sensitive to the sun. It is recommended for you to protect your new skin from exposure by wearing sunscreen with UVA and UVB protection of 30 or higher. We may recommend periodic repeat treatments after your initial regimen is completed depending on your situation and progress.

## Things to note before/after the procedure:

1. Avoid intense sun exposure 1 week before and after
2. Avoid active skin ingredients 1 week before and after
3. Kindly let us know if you are Pregnant/ Lactating / Planning to conceive
4. Remove contact lens before coming for the procedure, preferably wear spectacles when you come for the procedure