

What about sun exposure?

Your beautiful new skin will be very sensitive to the sun. Avoid any exposure by wearing a protective hat and applying UVA and UVB30 + sunblock at least twenty minutes before exposure. We will prescribe ointments and moisturizing products to help speed your recovery and protect your new skin.

When will I see results?

As the redness gradually fades, your skin will be tighter and smoother than before treatment. You'll notice evenly textured skin. We will recommend skin care products and makeup choices to use after your chemical peel.

When can I return to normal activities?

Depending upon the chemical treatment we use, you may find that temporary redness, swelling, flaking and dry skin that may prevent you from engaging in all your normal activities. Over time the appearance of your skin will improve dramatically. Imagine a more beautiful you. A chemical peel is but one of the many treatments we offer to revitalize your appearance. Please ask us about other antiaging procedures to refresh and renew your natural beauty.

NOTE: Only a licensed professional with the knowledge and skill required to achieve optimum results should administer chemical peel treatment.



Contact Us

Opening Hours:

Mon to Thu, Sat 7.45am - 12.15pm
1.30pm - 4.30pm

Fridays, Sundays & Public Holidays CLOSED

Parking available within RIPAS Hospital premises and shuttle bus available at the parking lot opposite Jame' Asr Hassanil Bolkiah Mosque

For general enquiries, please contact:
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Chemical Peel

Maxillofacial, Facial Plastic and Reconstructive Surgery
(MFPRSC)

Peel away old and tired facial skin and unveil your fresh, more beautiful and radiant skin while removing wrinkles, age spots and acne.

Chemical Peel

Chemical peel is the process of removing several layers of skin cells, to reveal fresh new skin with more even surface and color. As we peel away the damaged layers, your skin will be stimulated to produce new collagen for a smoother skin texture.

Chemical peels have been the treatment of choice by many people for many years to smoothen facial skin and to repair texture of damaged facial skin. Our professional Doctors and staff have conducted chemical peels on our clients to treat pigmentation such as freckles or melasma (Mask of Pregnancy) or Acne pigmentation.

Based on the depth and indication from the initial evaluation, a range of chemical peels are available to give the most effective treatment for our clients. The common concerns treated by chemical peels are age spots, sun damaged skin, melasma, post inflammatory pigmentation, acne, acne with pigmentation.

What happens during Consultation?

During the consultation, clients will be evaluated by a qualified professional Doctor to decide if a chemical peel is the best and safe option to treat and improve their skin. This includes reviewing your medical history and examining your skin type and pigmentation to determine if you are a good candidate for a chemical peel. Depending on the depth of peel needed for your skin, the Doctor will then recommend the types of chemical peel to give you the safest and best result.

Following the evaluation, the Doctor will explain the level of skin improvement you can expect to achieve. Together you can evaluate the advantages & disadvantages of different types of chemical peels, discuss your options, your expectation and determine the best treatment for you.

Who are not recommended for the procedure?

Though we strive to give you smoother and healthier skin, your safety and wellbeing is still our utmost priority. Our Doctor will be explaining this in the consultation, but in general we do not recommend chemical peels for the following individuals:

- Pregnant
- Lactating mother
- Allergies to any component sensitivity
- Sunburn within the past 1 week
- Infection at the site of chemical peel

Do NOT forget to mention any history of viral infection, sensitivity to the sun, prior treatment such as retinoids within the past 6 months.

What is treatment like?

For any chemical peel, before treatment, you'll receive detailed instructions to fully prepare you for the procedure. You'll know exactly what to expect before and after treatment. We may give you prescription medication to pre-treat and prepare your skin before treatment. These may cause an initial exfoliation that will improve the results and reduce healing time. After a thorough cleansing, we cover your eyes and hair for protection. Then using one or more formulations, we apply the peeling agent to areas where your skin is damaged. You may feel a slight stinging sensation as the peel solution is applied. The chemicals will cause the outer layers of skin to separate and eventually peel off in layers. A chemical peel will both uncover fresh new skin and stimulate the production of healthy new skin.

How long does treatment take?

Treatment time depends upon the formulation and the areas needing treatment. Most chemical procedures are completed in less than an hour, however, multiple sessions may be needed for the best result. Most chemical peels are completed on an outpatient basis, but you will need to have a friend or family member drive you to and from our office. Keep in mind that a chemical peel treats the skin surfaces, but does not alter the contour of sagging skin. For further rejuvenation, you may wish to combine other procedures to contour your skin, such as soft tissue fillers, a facelift, or a laser.

Can other parts of the body be treated with chemical peel?

Chemical peeling can rejuvenate skin on the face, neck, chest, hands, arms and legs. Peels can be repeated as necessary. Some people have superficial peels every few weeks and for the deeper peels, once in 4 to 6 weeks.

What can I expect after treatment?

Your skin may feel heated for 5 to 10 minutes, followed by a stinging sensation, not unlike a sun-burned effect. Your skin will be reddish in color: Peeling and scaling typically last for 3-5 days. Generally, the deeper the level of peeling required, the longer the recovery time. Deeper level peeling may cause swelling, blistering and peeling for a week or two. We'll give you complete instructions and medications for a safe, comfortable recovery. We'll closely monitor your progress until your skin is healed.