

## This procedure is not recommended for:

- Pregnant / Planning Pregnancy
- Lactating mother
- Hypersensitivity reactions in the past
- Infection at the injection site
- Below the age of 18 years
- Any disease that affects your muscles and nerves such as Amyotrophic Lateral Sclerosis Myasthenia gravis or Lambert-Eaton Syndrome
- Bleeding problems

## During your consultation, REMEMBER TO:

- Tell the doctor if you have received any other botulinum toxin product in the last 4 months
- If you take anti platelets (Aspirin like product) or Anti coagulants (Blood Thinner)
- Previous Allergic reactions

## Can Botox be used with Hyaluronic Acid Dermal Filler?

Yes, there's no reason why the treatments should not be used together to achieve the best possible results.

## Do's and Don't's

- ◇ Use the muscles that have been treated more often for the first hour.
- ◇ Do not apply makeup for approximately 6hours unless it is mineral based.
- ◇ When cleaning avoid pressure.
- ◇ Avoid alcohol/exposure to UV & extreme heat e.g. sauna, steam/sun bed, very hot showers, as this may increase discomfort and swelling.



## Contact Us

### Opening Hours:

Mon to Thu, Sat 7.45am - 12.15pm  
1.30pm - 4.30pm

Fridays, Sundays & Public Holidays CLOSED

Parking available within RIPAS Hospital premises and shuttle bus available at the parking lot opposite Jame' Asr Hassanil Bolkhiah Mosque

For enquiries, please contact:

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## Botox

Maxillofacial, Facial Plastic and Reconstructive Surgery (MFPRSC)

Rejuvenate your face with a more youthful expression by erasing facial wrinkles and frown lines. Be more confident with your appearance by looking younger with our botox treatment.

## Expression Lines

Facial lines or expression lines forms when we make expressions on our faces but will disappear once our face returns to a resting position. As we express ourselves by laughing, smiling, or frowning, these expression lines especially around and between the eyes and forehead may deepen. Over time, these expression lines start to become permanent, leading to wrinkles.

## What is botulinum toxin (BOTOX)?

Botulinum toxin or commonly referred to as Botox is a muscle-relaxing protein which is been used for both cosmetic and medicinal purposes. It is called a neurotoxin because in its purified form. It can block the nerve signals that cause your facial muscles to contract. These repeated muscle contractions causes some of the facial lines and wrinkles on our faces.

## How does it work?

Botox reduces facial wrinkles by helping the facial muscles to relax. We do this by injecting small and safe amounts of Botox into facial muscles of targeted areas on your face which will paralyze the facial muscles. After the treatment, these paralyzed muscles will not contract and produce expression lines when you laugh, smile, or frown. These injections can visibly soften your deep facial lines and also prevent new lines and wrinkles from forming.

## Treatment is most effective on:

- Deep frown lines between the eyes
- Brow or forehead lines
- Wrinkles or "crow's feet" around eyes
- Palmar underarm hyperhidrosis

## How safe is the procedure?

Botox have been approved for cosmetic use by the Food and Drug Administration (FDA) to reduce visible signs of stress and aging since 2002. Many have undergone this procedure without complications. Our professional Doctors will ensure that all clients are eligible for this procedure during a through consultation.

## What to expect during the treatment?

Some clients have stated that they did not feel any pain or at most experience minimal discomfort without any use of anesthetic. Injections uses small needles to inject small amounts of Botox into the targeted muscle area and multiple injections may be needed to tackle deeper wrinkles and lines. After the procedure, you can immediately continue your daily routine with some precautions within the first few hours after the injection.

## What should I do after the injections?

Do not excessively touch/massage the affected area. Avoid exercising or lying down for 3 to 4 hours after the procedure. You may experience mild headache for up to 4 days after the injection.

## How long will the procedure take?

Botox injections will take approximately 15 mins. We may use ice to numb the area before injections.

## What results to expect?

Effects of treatment can be seen within a few days but more visible improvements will be seen after two to three weeks. This is to allow the facial muscles to be dormant not contract, reducing wrinkles and lines and in turn softens the skin. Your expressions will be relaxed but will still be able to lift your eyebrows and blink normally without any problems.

## What are some common side effects of the procedure?

Side effects for each client may differ. There might be temporary bruising, that will resolve within a few days. In rare cases, there can be a slight drooping of an eyelid or asymmetry. Clients also may experience headaches after the procedure. Please contact our office immediately if you have any reactions or side effects, our staff will set a follow-up appointment to see you.

## How long will the benefits last?

For most of our patients, the antiaging benefits of treatment last between three to four months before it gradually fades. Repeated treatment may have longer lasting results.

## Be confident with your appearance with:

- Softer, smoother skin
- Refreshed look
- Smiles without "crow's feet"
- Relaxed frown and worry lines
- Safe, quick treatment
- Simple procedure
- Proven results
- No recovery time

**NOTE:** Only a licensed doctor with the knowledge and skill required to achieve optimum results should administer botulinum toxin treatments.